## 12-Month Leadership Academy: Sample Curriculum Plan

## 2-hour group training sessions

SESSION1	SESSION 7
<ul> <li>Envisioning Outcomes for the Academy</li> <li>Understanding the DiSC Workplace Profile</li> </ul>	<ul><li>Emotional Intelligence</li><li>Behavior 3: Commitment to Decisions</li></ul>
SESSION 2	SESSION 8
<ul> <li>The DiSC Workplace Profile Continued</li> <li>Defining Leadership in Your Life</li> </ul>	<ul> <li>The Balcony &amp; the Dance Floor (Strategic Leadership)</li> </ul>
SESSION 3  • Authentic Leadership • Assessing Your Values	SESSION 9  • Leveraging DiSC within Teams • Driving Team Engagement
SESSION 4  The Five Behaviors of Cohesive Team Profile Behavior 1: Vulnerability-based Trust	SESSION 10  Behavior 4: Accountability Giving & Receiving Feedback Effectively
SESSION 5  • Applying DiSC: Building Effective Relationships • Behavior 2: Productive Conflict	SESSION 11  Behavior 5: Collective Results Leader as Manager & Leader as Coach
SESSION 6  • CliftonStrengths Assessment • Strengths-Based Leadership	SESSION 12  Reflecting on the Outcomes of the Academy Continuing your Leadership Journey



